<u>Purpose</u>

Proceeds from the Harvest Run go to the Harvest of Talents. The Harvest of Talents raises funding to fight hunger around the world.



Awards

Medals will be given to the OVERALL WINNER, plus TOP MALE and TOP FEMALE in each age division.

For more information, contact Michael Lennen at the Lincoln Area YMCA at 217-735-3915 or 800-282-3520.

The YMCA & Harvest of Talents reserve the right to use any photos from this event to promote this worthwhile cause.

Thank you for your support!

Early registrations end Thurs. Oct. 22

MAILED FORMS MUST BE POSTMARKED WED OCT. 21:

Mail to: Lincoln Area YMCA 604 Broadway Street, Suite 1 Lincoln, IL 62656 Checks Payable to: Lincoln Area YMCA



Lincoln, IL Permit #337







Harvest Run 09

kids, strong



5K Run & 1 Mile Fun Run/Walk

Saturday, October 24, 2009 8:30 AM

Hamilton St. behind Safety Complex

> **Sponsored by:** Guzzardo's & Elkhart Grain Co.

Harvest Run 09

Early Registration

Early registrations will be taken at the YMCA office. Early registrations must be received by:

Thurs., October 22nd to avoid fee increase.

MAILED FORMS MUST BE POSTMARKED WED OCT. 21

5K \$12

1 Mile Fun Run/Walk

Family Rate (4+) \$27

Add \$3 day of race

Team Rate (15 min) \$110

Team Deadline Thurs Oct. 22 (forms found online and/or at the Y office). www.lincolnymca.org

Race Day registrations are from 8-8:30 A.M., at the Harvest of Talents, located on N. Hamilton St., Lincoln, IL. Look for the YMCA booth.

- The race starts at 8:30 A.M. on Hamilton St. near the Logan County Safety Complex. Race day registrations start at 8:00AM.
- Snacks & Drinks will be provided.
- ALL participants receive a FREE Harvest/YMCA water bottle. (While supplies last)
- Shirts will be given to the first 50 individual/family registrants.
- Awards will be given the **OVERALL** WINNER, plus the TOP MALE and TOP FEMALE in each age division.

Fees are non-refundable & non-transferable.

Harvest Run 09 Individual/Family Entry Form

Teams may find entry forms on the YMCA website or at the YMCA office. www.lincolnymca.org

Participant Name	Gender
Participating Parent/Guardi	an (if under 18)
Address	
City, Zip	
Age on Race Day	Birth Date
Primary Phone	Alternate Phon
Emergency Contact	Phone
Email Address	

Warning of Risk/Pictures

I know that running a race is a potentially hazardous activity. I represent that I am medically able and properly trained. I assume all risks associated with running this event, including but not limited to; falls, contact with other participants, effect of the weather - including the heat, traffic, and conditions of the road. All such risks being known and appreciated by me. I also grant the YMCA permission to use pictures of me and/or my child in advertising & information packages.

Participant or Parent/Guardian Signature Date

Release of Liability

I hereby release the Lincoln Area YMCA & their entire staff members, administration, board members, volunteers, or any other entity involved with the Lincoln Area YMCA from responsibility and liability due to injury and illness that my child or myself may sustain during any of the Lincoln Area YMCA programs and/or activities. I will accept responsibility for payment of medical services rendered due to illness or injury that occurs to my child or myself while participating in the Lincoln Area YMCA programs and/or activities.

Participant or Guardian Signature

Date

Authorization for Medical Treatment

If my child or I become ill or injured at this YMCA event, I understand that the staff/volunteers will (1) contact me immediately (2) if I can not be reached, contact the emergency person listed on this registration form. Should either the emergency contact or myself be unavailable, the Lincoln Area YMCA staff/volunteers are authorized to arrange for immediate treatment. The physician and/or medical facility are authorized to administer emergency medical treatment necessary to ensure the health of my child or myself.

Participant or Guardian Signati	ure Da	Date	
Number of Participants for 5K Run	or Event: . \$12		
1 Mile Run/Walk	\$ 7		
Family (4+) .	. \$27		
Add \$3 day of race			
T-Shirt Size: S M	L XL (Fist 50 regis	trants)	
Family Member (under 18)	Relationship	Size	
Family Member (under 18)	Relationship	Size	
Family Member (under 18)	Relationship	Size	
Family Member (under 18)	Relationship	Size	
5K Run Catego	ries (Please circle)		
14 & under	40 - 44		
15 - 19	45 - 49		
20 - 24	50 - 54		
25 - 29	55 - 59		
30 - 34	60 & over		
35 30			

(Participants 18+ must fill out their own form)

TOTAL Due_

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